

## Alameda Youth and Adult Tennis

### Tennis Beginners: Instruction

The goal of each lesson is to introduce one or more of the skills necessary to play the game of tennis. The on court segment of each lesson is action oriented with lecture kept to a minimum. A major part of playing tennis is footwork and movement, footwork drills and exercise will also be included. Presentations, question/answer and discussions are reserved for the last 15 minutes of each lesson. Learning will be made as practical as possible so students will be ready to graduate to Level II, Supervised Play.

### Tennis Intermediate and Supervised Play

Participants play with different partners and opponents in round robin doubles format. Considerations of where to stand, keeping score and service rotation will likely be as challenging as hitting serves and returns. Instructors will review the basics and instruction will be ongoing as your skills progress. More challenging drills are added while you learn and practice doubles. Friendly matches and play situations will be arranged with players at your own level.



### Adult Monday Morning Tennis Class

Now is the time to make those changes to your strokes that will raise your game a notch. As always, each class will include tips from the instructor, cooperative and competitive drills, strategy & tactics. Classes are held on Mondays only at Fairfield Tennis Complex in Washington Park from 9:00a.m. - 10:00a.m.

INDIVIDUAL DAY SIGN UPS ARE ACCEPTED IN THE MAIN OFFICE OR AT CLASS. \$20 PER CLASS. NO CREDITS OR REFUNDS WILL BE ISSUED FOR ANY DAYS MISSED. RAIN OUTS WILL BE MADE UP AT THE END OF THE SESSION.

**Class# 10453** Sept 12 - Oct 17 Fee: \$100

**Class# 10454** Oct 24 - Nov 28 Fee: \$100

**Class# 10455** Jan 23 - March 5 Fee: \$100

**No Class Feb 20, 2012**

## Group Instruction

Learn to play the game of tennis. Whether you are a first time player, a former player or currently playing, Alameda Recreation & Parks tennis staff will help you improve your strokes, strategies and overall court performance.

### Adult Lessons

#### Tennis-Beginners (6) - 1 Hr Lessons \$100

Class#	Days	Time	Date	Location
10464	Tues/Thur	6:30-7:30p.m.	Sept 6 - 22	Leydecker
10465	Tues/Thur	6:30-7:30p.m.	Oct 4 - 20	Leydecker
10466	Tues/Thur	6:30-7:30p.m.	Nov 1 - Nov 17	Leydecker
10467	Tues/Thur	6:30-7:30p.m.	Jan 3 - 19	Leydecker
10468	Tues/Thur	6:30-7:30p.m.	Jan 31 - Feb 16	Leydecker

#### Tennis-Intermediate/Advanced (6) - 1 Hr. Lessons \$100

Class#	Days	Time	Dates	Location
10469	Tues/Thur	7:30-8:30p.m.	Sept 6 - 22	Leydecker
10470	Tues/Thur	7:30-8:30p.m.	Oct 4 - 20	Leydecker
10471	Tues/Thur	7:30-8:30p.m.	Nov 1 - Nov 17	Leydecker
10472	Tues/Thur	7:30-8:30p.m.	Jan 3 - 19	Leydecker
10473	Tues/Thur	7:30-8:30p.m.	Jan 31 - Feb 16	Leydecker

### Youth Lessons (Ages 5-18 Years)

#### Tennis-Beginners/Intermediate (12) - 2 Hr. Lessons \$200

Class#	Days	Time	Dates	Location
10456	Tue/Thur	4:00-6:00p.m.	Sept 6 - Oct 13	Krusi
10457	Tue/Thur	4:00-6:00p.m.	Oct 18 - Dec 1	Krusi
10459	Tue/Thur	4:00-6:00p.m.	Jan 3 - Feb 9	Krusi

#### Tennis-Advanced (12) - 2 Hr. Lessons \$200

Class#	Days	Time	Dates	Location
10461	Wed/Fri	4:00-6:00p.m.	Sept 7 - Oct 14	Krusi
10462	Wed/Fri	4:00-6:00p.m.	Oct 19 - Dec 2	Krusi
10463	Wed/Fri	4:00-6:00p.m.	Jan 4 - Feb 15	Krusi

**\*No Class November 21, 23 & January 16**

### Alameda Private & Semi-Private Instruction

Alameda Recreation & Parks conducts private and semi-private tennis lessons on a year-around basis. Time and location for private instruction is flexible and will be arranged upon request. All instructors are experienced tennis teachers; many are certified tennis professionals. Lessons are available as a single hour or in a series of four one-hour lessons. For additional information or to arrange instruction call (510) 747-PLAY

#### Must Have partner for Semi Private

Private Instruction (Cost Per Person)		Semi-Private Instruction (Cost Per Person)	
One - 1 Hour Lesson	\$45	One - 1 Hour Lesson	\$35
Four - 1 Hour Sessions	\$180	Four - 1 Hour Sessions	\$90